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THE ARMOR OF GOD

Lesson 6— Helmet of Salvation

Review from previous 3 lessons:

1. There is a battle between good and evil, and I am the prize
2. What are Satan's 2 goals? (keep people out of heaven & keep people from glorifying God)
3. So, what can Satan do to the Christian? (tempt you from the outside)
4. What pieces of armor have we learned about so far? (belt/truth-mind; breastplate/righteousness-actions; sandals/gospel-peace in Christ; shield-faith)

I. What Was the Roman Soldier's Helmet Like?

- A. One of the obvious pieces of armor would be the helmet as a blow to your head would be death
- B. At this time, the helmet covered the back of the neck, across the cheeks, and down the nose
- C. Having this helmet led the soldier to fight BRAVELY as they knew they were protected

II. How Does This Apply to Us?

- A. What is Salvation (from creation to redemption)
 1. humankind was created PERFECT, but with the CHOICE to sin or follow God
 - a. Adam and Eve (the first humans) had a perfect relationship with God
-describe their one on one communication with God
 - b. Adam and Eve sinned and SIN continued through generations
-this sin led to physical & spiritual death and broken fellowship with God
 2. the only way to keep a relationship with God was to follow Him through FAITH and to make sacrifices for your sins (shedding the blood of a perfect/spotless animal)
 3. though God used godly men to give His people laws on how to live and please God, they continued to sin and continuous sacrifice wasn't enough
 4. God came to earth as a MAN by the name of Jesus to save a sinful world
 - *He lived a perfect life, as a spotless lamb
 - *He would die on the cross and the blood of this spotless "lamb" would be shed to cover the sins of the world as a 1 time final payment to please a holy God
 - *Jesus proved He was God and that He had conquered sin and death by rising from the dead
 5. through the blood of Jesus, we have the opportunity to be FORGIVEN of our sins and once again (as Adam and Eve) have a 1 on 1 relationship with God

Question: In the Old Testament times, do you think someone could randomly sacrifice an animal and ask for the forgiveness of someone else?

- B. The price has been paid for our sins, but it is up to us to ACCEPT it
1. We must confess that we cannot be “GOOD enough” to earn salvation
 2. We must REPENT of our sins
 - a. agree with God specifically how we have sinned and acknowledge our need for Him (**Romans 3:23**)
 - b. ask for God to forgive us
 - c. choose not to continue in sin
 3. We must choose to follow Christ by FAITH (**Romans 2:13 & 10:9**)
 - a. “walking the walk” and “talking the talk” are 2 different things
 - b. salvation is choosing to openly live a life following God’s Word
 - c. this is first shown through BAPTISM and sharing your faith
- C. Many wear a “false helmet”
*Show “ticket to heaven”
1. Just because you “believe” the truth, go to church, do Christian things, etc., doesn’t mean you are saved and have a relationship with God (**James 2:19**)
*Read **Matthew 7:13-23**
 2. Have you SURRENDERED your life to follow Christ? (**Mark 10:17-22, 8:34-38**)

Ask Yourself: Have I surrendered my life to Christ & accepted His gift of salvation or am I wearing a “false helmet”? How do you know? Take the time to write a brief salvation testimony.

Take it Home: Want to dig deep into what Salvation is all about? Take time this week to begin reading through the book of Romans. As you come across things that don’t make sense, write them down and share them with one of our youth leaders.



VERSE FOR THE WEEK

Psalm 51:4,10 - Against You—You alone—I have sinned and done this evil in Your sight. So You are right when You pass sentence; You are blameless when You judge. God, create a clean heart for me and renew a steadfast spirit within me.